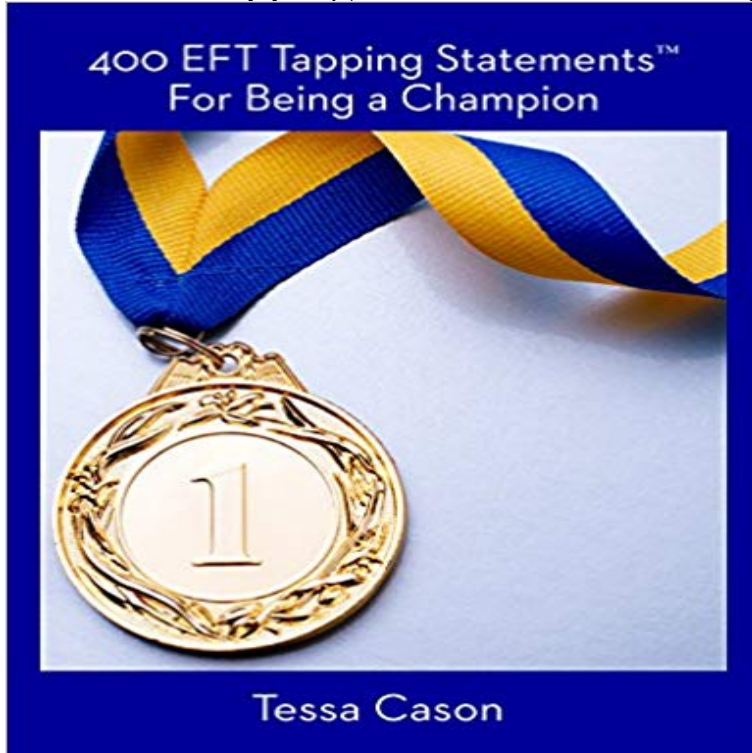


400 EFT Tapping Statements for Being a Champion



400 EFT TAPPING STATEMENTS FOR BEING A CHAMPION EFT Tapping Statements Made Easy!!! Do you have difficulty figuring out what to say when you tap, how to word EFT Tapping statements? This Kindle Books provides 400 EFT Tapping Statements to say as you tap! EFT Tapping Statements Made Easy!

Being a champion is more than just being successful. It is the achievement of excellence. It is more than just being competent. It is about stepping into ones power. It is more than just setting goals. Its the achievement of those goals with dedication, determination, and perseverance. It is not just about the practicing, training, and learning. It is the application and implementation of the training and learning into a competition and into everyday situations. ITS ABOUT PUTTING IT ALL TOGETHER AND COMPLETELY FULFILLING OUR POTENTIAL. Champions are rare. If being a champion was easy then everyone would be a champion and a champion would not be anything special. It is in the difficulty of the task that, once accomplished, makes a champion great. 5 different topics relating to being a Champion are covered in this Kindle: * CHAMPION * SUCCESS * PERSONAL POWER * SELF CONFIDENCE * ROLE MODEL Being a Champion requires us to step into our personal power and have confidence in ourselves. Two results of being a champion are success and being a role model. This book lists 400 potential mis-belief statements that any one of them can stop and block us from becoming a champion. To heal a mis-belief we need a powerful tool. EFT Tapping is one such tool. I am an EFT Practitioner and in this Workbook I have provided information about EFT Tapping as well as 400 EFT Tapping statements that have helped my clients excel. Reviews for Tessas Kindle eBooks: THERE WERE SO MANY

wonderful elements in this e-book. I was able to grasp some remarkable, effective phrases to use in my tapping. This book was very clear in its analysis of the physiological reasons for the pains we suffer, the way that Louise Hays book, HEAL YOUR LIFE, approached the mind-body connection. Only I much prefer the handles to hang onto that are provided by Tessa Cason in this e-book. In fact, I love ALL her e-books utilizing pivotal phrases for tapping therapy with very specific categories for each e-book. These are brilliant, and Tessa is a STAR at identifying the perfect tools to improve ones life. After reading this book and doing the tapping exercises I experienced a dramatic shift in my perceptual existence. I was feeling sad and tired then after completing the exercises in this book I felt joy and peaceful tears. Its truly amazing! Thank you so much Tessa! You are a gift in my life and am so grateful for the healing you have given me! Tessas books really have healing power. Read them. They will literally change your life. Tessa has a profound way of working with EFT that is different and unique from other practitioners. I find her newest work to be exceptional concerning self-esteem. I urge anyone - whether new to or familiar with EFT - to try it. You will not be disappointed. I love Tessas work, you will never be lost for words to tap on. This book is for any level Tapping, I have recently bought several of her downloadable e-books and I find them to be a treasure. Easy to follow and her statements resonate with what I am looking for. I will always continue using her work. Very creative concept, I no longer have to figure out exactly what I want to say. This book is needed by all who suffer self esteem issues, deserving, worthy, belonging, and the list continues. It zeros in on our root issues so we can tap and thrive to a healthier more abundant life. Isnt that what everyone wants. You got a winner here Tessa, you are the bomb.

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