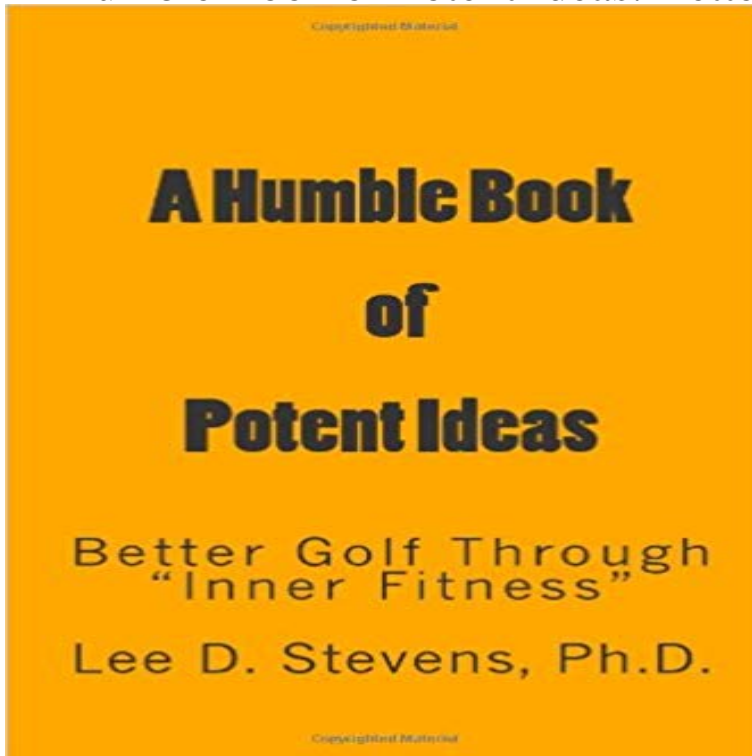


A Humble Book of Potent Ideas: Better Golf Through Inner Fitness



Elite golfers know that the ability to visualize their shot during the pre-shot routine is an essential skill. Yet most golfers never turn their attention to developing their innate imaginative capacity. A few minutes a day given to inner fitness, will lead to better golf.

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