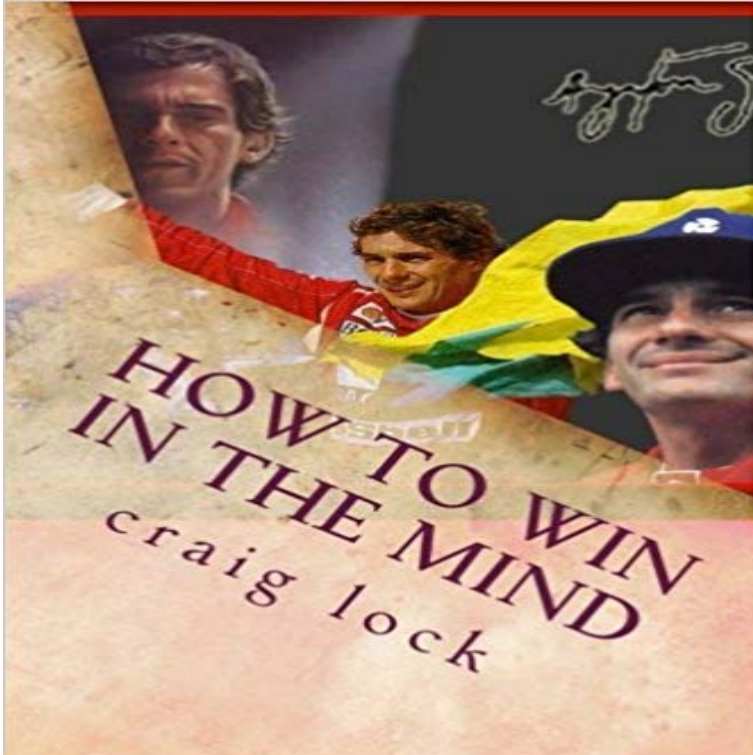


## How to Win in the Mind: Managing the top two inches (The Winning Mind)



HOW TO WIN IN THE MIND Managing the top two inches A look into the last unexplored frontier, that is the human mind: The mind is not a vase to be filled but a fire to be ignited. A collection of Craig Lock's articles on HOW to win in the mind and develop a winning mindset The greatest mountain we need to climb lies in our own minds. Its not the highest mountain that we conquer, but ourselves, our own mentality. Overcoming perceived limits to reach (attain) the pinnacle of our abilities, our own minds. -craig (as inspired by the words of Sir Edmund Hillary, New Zealand conquerer of Mount Everest (1919-2008) Grand Prix racing is primarily a mental contest its a battle of strength of wills by the combatants and a magnificent contest, the arena to display and share unique gifts and talents. Perhaps in this theatre of speed, F1 is a metaphor for life itself - craig lock Life is about finding, then following the dream... and ones dream/vision comes to reality through believing in yourself, making the commitment and then creating it. 1998 About the Author:: Craigs a sports-fanatic, who has spent the past decades studying the human mind. He likes (no, rather loves) to share knowledge and insights from his life experiences to try and help others in every little way he can.He is a sports fanatic, a a couch pot-a-toe, who believes in (and loves) helping others to find their passions and gifts... through encouraging people to reach out for, then accomplish their wildest dreams. He truly believes people can overcome obstacles, rise to any occasion, and accomplish their dreams in life with enough FAITH and PERSISTENCE.

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\* The various books\* that Craig felt inspired to write including The Winning Mind are available at <http://www.amazon.com/-/e/B005GGMAW4>

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