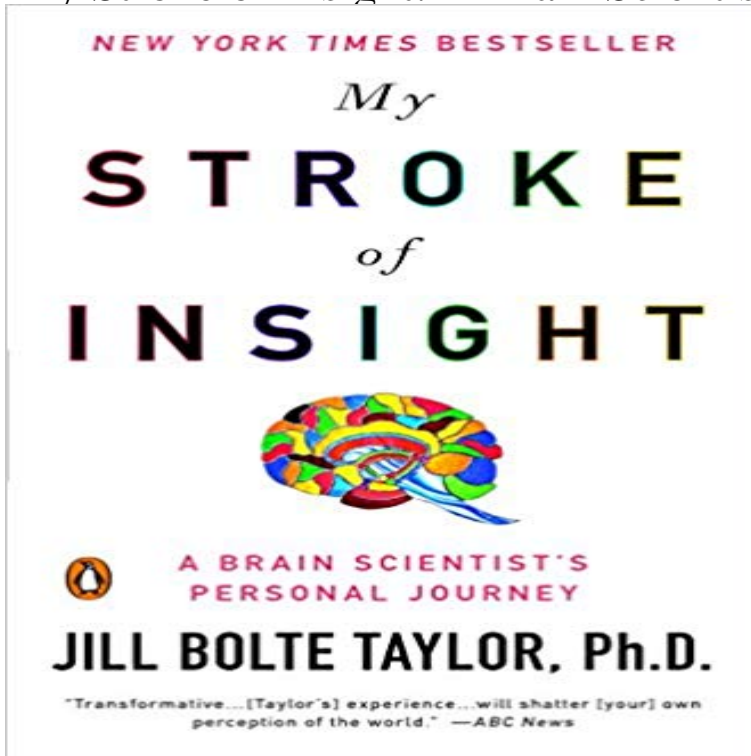


My Stroke of Insight: A Brain Scientists Personal Journey



The astonishing New York Times bestseller that chronicles how a brain scientist's own stroke led to enlightenment. On December 10, 1996, Jill Bolte Taylor, a thirty-seven-year-old Harvard-trained brain scientist experienced a massive stroke in the left hemisphere of her brain. As she observed her mind deteriorate to the point that she could not walk, talk, read, write, or recall any of her life—all within four hours—Taylor alternated between the euphoria of the intuitive and kinesthetic right brain, in which she felt a sense of complete well-being and peace, and the logical, sequential left brain, which recognized she was having a stroke and enabled her to seek help before she was completely lost. It would take her eight years to fully recover. For Taylor, her stroke was a blessing and a revelation. It taught her that by stepping to the right of our left brains, we can uncover feelings of well-being that are often sidelined by brain chatter. Reaching wide audiences through her talk at the Technology, Entertainment, Design (TED) conference and her appearance on Oprah's online Soul Series, Taylor provides a valuable recovery guide for those touched by brain injury and an inspiring testimony that inner peace is accessible to anyone.

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Taylor. In it, she tells of her experience in 1996 of having a stroke in her left hemisphere, and how that gave her insight into brain

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A brain scientists journey from a debilitating stroke to full recovery becomes an inspiring exploration of human **My Stroke of Insight: A Brain Scientists Personal Journey** Oct 19, 2011 This short, gripping book describes Taylors massive stroke, a burst blood vessel in the left side of her brain. Ironically, she was at 37, **My Stroke of Insight: A Brain Scientists Personal Journey** May 12, 2008 The NOOK Book (eBook) of the My Stroke of Insight: A Brain Scientists Personal Journey by Jill Bolte Taylor at Barnes & Noble. FREE Shipping **My Stroke of Insight: A Brain Scientists Personal Journey by Jill** By Jill Bolte Taylor My Stroke of Insight: A Brain Scientists Personal Journey (1st First Edition) [Hardcover] on . *FREE* shipping on qualifying **My Stroke Of Insight: A Brain ScientistS Personal Journey -** Buy My Stroke of Insight: A Brain Scientists Personal Journey on ? 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My Stroke Of Insight: A Brain Scientists Personal Journey is a chronological documentation of the **My Stroke of Insight: A Brain Scientists Personal Journey: Jill Bolte** By Jill Bolte Taylor: My Stroke of Insight: A Brain Scientists Personal Journey [-Viking Adult-] on . *FREE* shipping on qualifying offers. **Jill Bolte Taylor: My stroke of insight TED Talk** Welcome to the My Stroke of Insight website, an interactive place to read inspiring aired May 2008), then you know the importance of having a balanced brain. **My Stroke of Insight: A Brain Scientists Personal - Goodreads** May 26, 2009 Buy the Paperback Book My Stroke Of Insight by Jill Bolte Taylor at , Canadas largest bookstore. + Get Free Shipping on Biography **My Stroke of Insight: A Brain Scientists Personal Journey by Jill** **My Stroke of Insight: Home** My Stroke of Insight by Jill Bolte Taylor, 9780340980507, available at Book In My Stroke of Insight: A Brain Scientists Personal Journey, Taylor brings to light a **Customer Reviews: My Stroke of Insight: A Brain Scientists Personal** Buy My Stroke of Insight: A Brain Scientists Personal Journey on ? 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