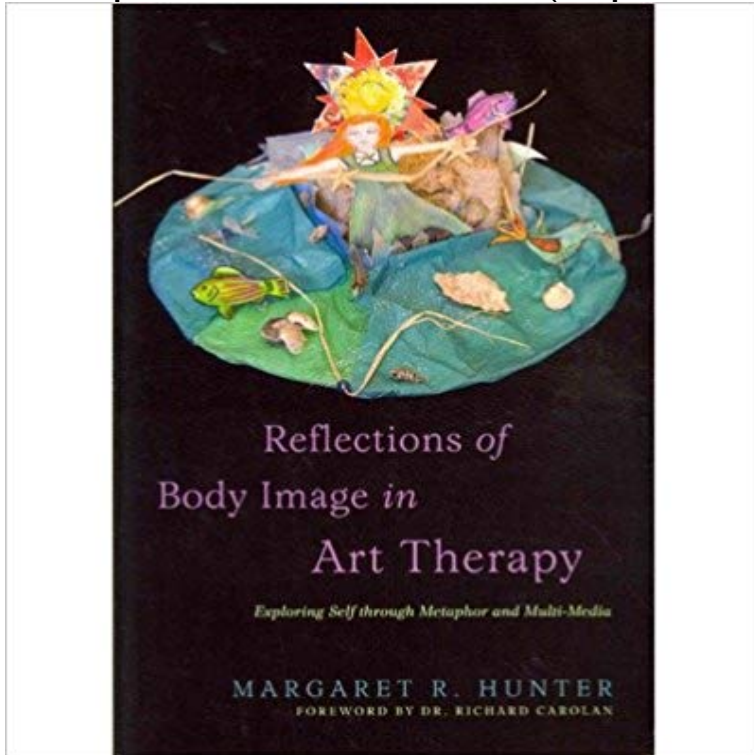


Reflections of Body Image in Art Therapy: Exploring Self Through Metaphor and Multi-media (Paperback) - Common



Recognising that problems with body image are often the lead cause of eating disorders, therapists are increasingly looking for innovative and effective ways to address these issues with clients. This title explains exercises, and their objectives, with case studies and sample artworks from the authors therapeutic experience.

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