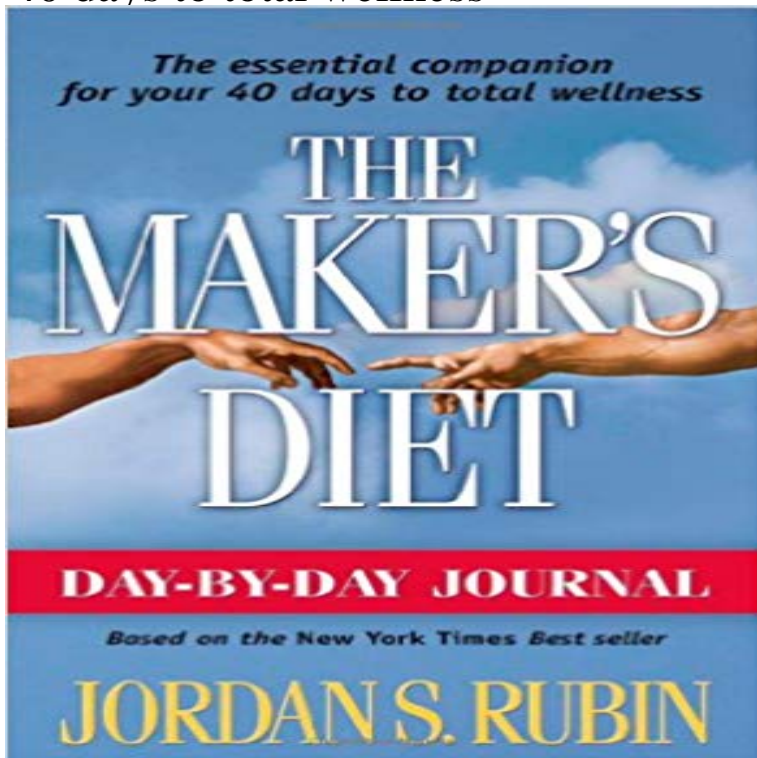


Day By Day Journal For Makers Diet: The essential companion for your 40 days to total wellness



DOCUMENT YOUR PROGRESS TOWARD OPTIMUM HEALTH
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